

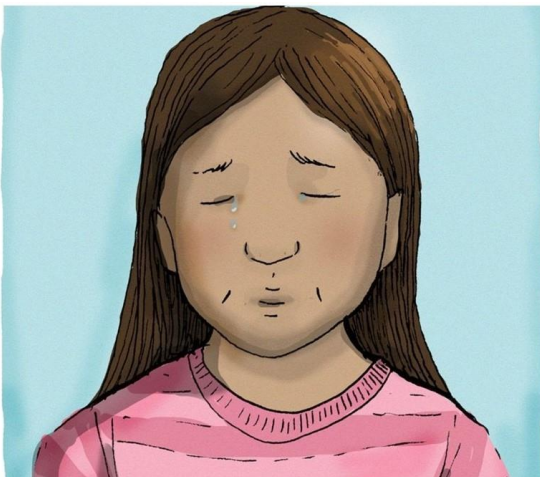


# The Big Think

The Big Newsletter Volume 18

## Growing Together

---



**Free Assembly and Lesson Kit**

**#ChildrensMentalHealthWeek 'Growing Together'**

**7th-13th February 2022**

**PEACE - Growth**

Big Question:

## Can you flow through your changing emotions?

A session exploring the range of feelings you might have when you are experiencing physical or emotional changes.

Each kit comprises:

**Silent Sitting Meditation** - Accepting All Weather

**Big Story** -

KS1 **The Playdate** (about a first playdate after the pandemic)

KS2 **Lizzie & Adam** (about a first crush)

**Big Sing** - Keep On Going

**Journal** page

[Click this link to our website](#) and go to the bottom of the page to sign up for free resources.

Free 'Growth' Kit



## Community Values Dialogues for RSE

A new collaboration with  
Islington Council Health & Wellbeing Team

---



Our first pilot workshop with St Paul's and All Hallows' Primary in Tottenham was a resounding success!

Pupils representing the school council modelled the values of **listening with non-judgement**, **speaking openly** and **joining in with courage**.

When bringing together the school community to explore RSE, there is nothing as powerful as pupil voice.

## Fox Community Values Dialogue for RSE

Facilitated by: Beckie Miles and Anna Waddell

Supported by Sarah Pengelly (TBT)  
& Lorraine King (Islington Council)  
[sarah@the-big-think.org](mailto:sarah@the-big-think.org)  
[lorraine.king@islington.gov.uk](mailto:lorraine.king@islington.gov.uk)



We have been working closely with Lorraine King, Health Improvement Adviser: PSHE and Children's Life Skills (Primary) to devise a training package to support schools in their statutory duty to consult with caregivers about their RSE provision.

As part of a pilot, we are working with Heads and PSHE Leads from 10 Islington Primary schools to help them facilitate a face-to-face or virtual Community Values Dialogue for RSE with up to 30 school community members attending e.g. staff, caregivers, school council, community leaders. This involves sharing feedback from pupil/staff/caregiver surveys about RSE.

We are creating a Road Map for the RSE consultation process and an RSE Q&A to support parents and staff.

We regularly work with individual schools or clusters of schools - currently we are supporting Fox Federation (3 primary schools in Kensington) to embed The Big Think programme and support the RSE consultation process.

If you are interested joining our next cohort [contact us](#) now!



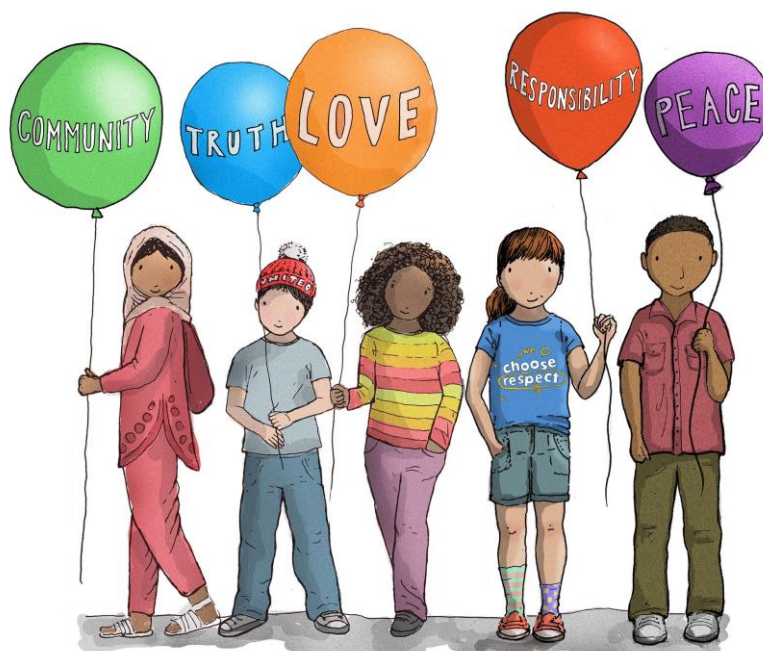


We are excited to share news about The Big Think Lead Author, Maisie Chan. Her new book 'Danny Chung Does Not Do Maths' has been selected by a panel of judges to be in the #ReadforEmpathy collection 2022!

Maisie says: *'One of my goals in writing this book was to promote empathy and understanding of our shared humanness.'*

Join in [Empathy Day](#) on 9th June!

You can read Maisie's [article in Tapestry](#) to find out more about her experience of being the Lead Author for 60 The Big Think Stories for empathy - and purchase this book for assemblies and classrooms from our [website shop](#).



## Implementing The Big Think in your school

1. Meet the new **RSE** statutory requirements.
2. Offer a broader, whole-school **PSHE** curriculum.
3. Fulfil **OFSTED** Personal Development & SMSC expectations.

Whether you are looking for a comprehensive whole-school RSE/PSHE programme, or extra Assembly and Lesson kits that can enhance your current provision, The Big Think is flexible in its delivery.

[This implementation document](#) highlights options that might work for your school.

You can view our **time-saving Assembly & Lesson kits** in this [video tour of The Big Think Membership Area](#).

The Big Think programme starts at just £220 and meets your statutory RSE requirements as well as Ofsted Personal Development and SMSC expectations to prepare learners for life.

You can find out more about our packages here <https://www.the-big-think.org/sign-up>, or email me ([sarah@the-big-think.org](mailto:sarah@the-big-think.org)) with any questions.

### Tour of The Big Think resources

Alternatively, feel free to email us to book a phone call so we can talk through the programme and how it might meet your needs.

[contact@the-big-think.org](mailto:contact@the-big-think.org)



January 2022

The Big Think © 2022 Human Values Foundation, All rights reserved.