



# The Big Think

The Big Newsletter Volume 21

**#RefugeeWeek 20-26 June 2022**

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## **LOVE Openness** **Are you open to experiencing variety?**

The Big Think PSHE programme explores Big Life Questions using shared human values and real-world stories that together build Social and Emotional Learning skills.

Sessions can be part of your whole-school PSHE provision or used to support key events over the year.

This free sample session explores the experience of a refugee arriving in the UK and starting secondary school.

Can she learn to be open about her new environment?

Can her new friends learn to be open about the new experiences she is bringing?

To support #RefugeeWeek, try our free Assembly and Lesson kit for KS2 which includes:

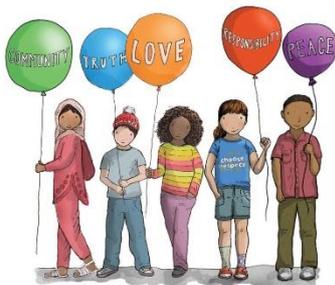
Silent Sitting - A 5-minute recorded mindfulness session called Accepting All Weather about learning to keep an open mind

Big Story - The English Chippy by Avantika Taneja

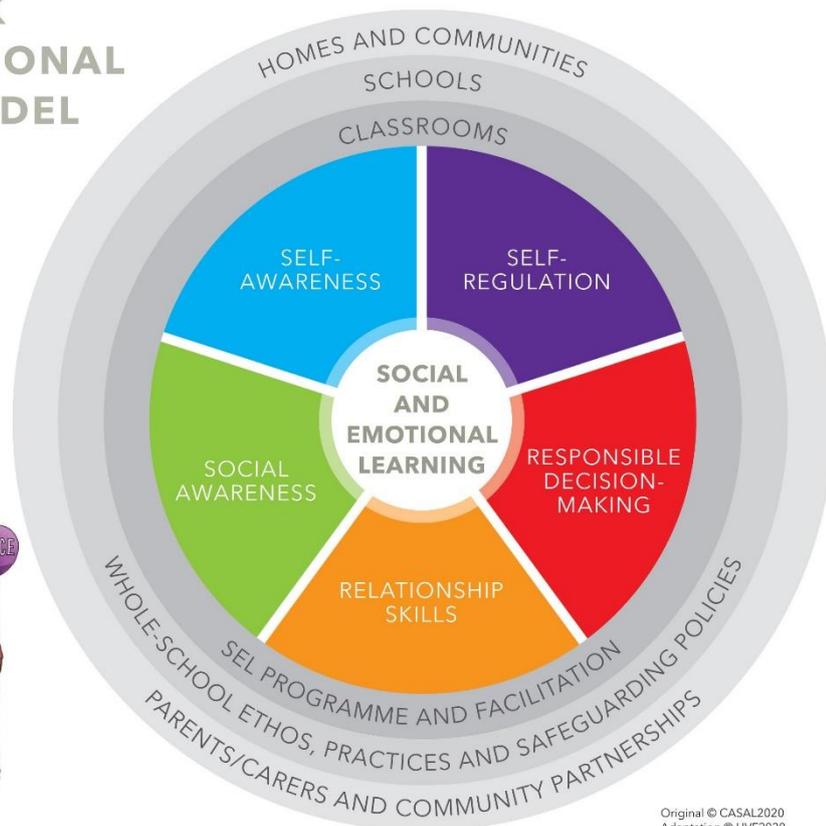
Values Inquiry - Are you open to experiencing variety?

**Free #RefugeeWeek Assembly & Lesson kit**

## THE BIG THINK SOCIAL-EMOTIONAL LEARNING MODEL



TBT 5 CORE VALUES



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Adaptation © HVF2020

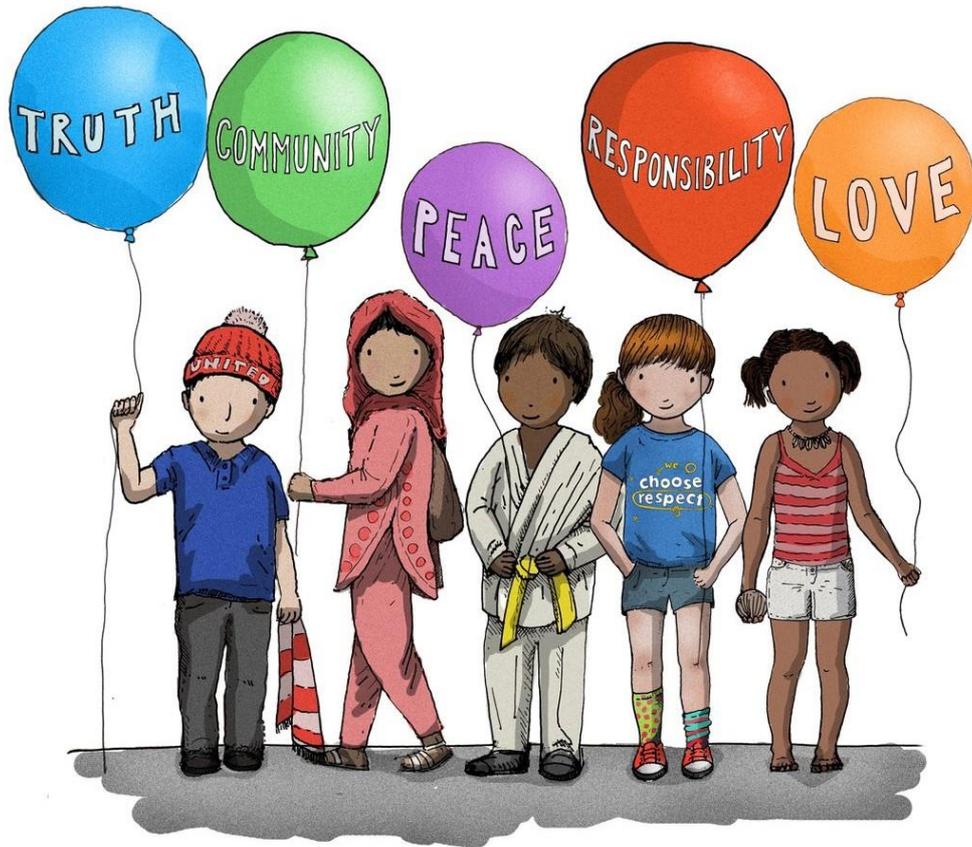
## The Big Think meets statutory RSHE requirements and builds Social and Emotional Learning (SEL) competencies

RSHE Statutory Requirements met in this lesson:

<p><b>RELATIONSHIPS EDUCATION</b></p> <p><b>Topic 2: Caring friendships</b></p>	<p>a. <i>how important friendships are in making us feel happy and secure, and how people choose and make friends</i></p> <p>c. <i>that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded</i></p> <p>e. <i>how to recognise whom to trust and whom not to trust, how to judge when a friendship is making them feel uncomfortable, managing conflict, how to manage those situations and how to seek help or advice from others, if needed</i></p>
<p><b>RELATIONSHIPS EDUCATION</b></p> <p><b>Topic 3: Respectful Relationships</b></p>	<p>a. <i>the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs</i></p> <p>g. <i>what a stereotype is, and how stereotypes can be unfair, negative or destructive</i></p>

SEL competencies met in this lesson: **Relationships Skills**

SEL Relationship Skills Competencies	L4
Communicating effectively	✓
Developing positive relationships	✓
Practising teamwork and collaborative problem solving	✓
Resolving conflicts constructively	
Resisting negative social pressure	✓
Showing leadership in groups	
Seeking or offering support and help when needed	✓
Standing up for the rights of others	



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## Are you a PSHE Lead?

Join us at our next scheduled free workshop **Values, SEL Skills and Relationships** on **Tuesday 5th July 4pm-5pm** to get a taste of our approach and share experiences with like-minded educators.

[Sign up for the next Teacher workshop](#)

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[Contact us to find out more](#)



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June 2022

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