



The Big Think

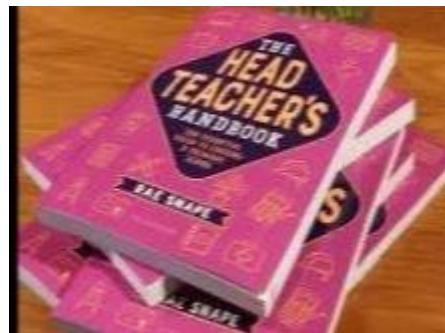
The Big Newsletter Volume 23

A Peaceful Return to School



PEACE and Unity

We are excited to be back in schools this term and welcome our new schools to The Big Think Community! We know there has been a lot of turbulence and change in our world recently, so we are supporting school communities to regain balance and stability so you can continue to build healthy relationships and learning environments.



Inside Weather and Community Climate Change Milton Road Primary School, Cambridge

It was a privilege to facilitate a Values Dialogue Workshop with the Milton Road Primary School #crew on 2 September 2022 as part of their INSET day on how to create a mentally healthy school climate. We reflected on the human values that are important to us as we return to school and how our inside weather as teachers in the room can impact on the young people in our care. We looked at safe, whole-school systems that can be adopted to grow pupil voice, develop onboard safeguarding and support staff wellbeing. We look forward to returning next month to model The Big Think Assembly and Lessons and running a Q&A.

COMMUNITY - Celebrating Difference How do you celebrate diversity?

The Big Think PSHE programme explores Big life questions using shared human values and real-world stories that build Social and Emotional Learning (SEL) skills.

Sessions can be part of your whole-school PSHE provision or used to support key events over the year.

This session explores some of the feelings and experiences we might have when we notice differences between each other and how to reach out and connect with those around us to celebrate diversity in all its glory.

The free *Celebrating Difference* Assembly and Lesson kits for KS1 and KS2 include:

Silent Sitting - A 5-minute recorded mindfulness session called 'Your Special Animal' thinking about what attributes you might have that make you unique

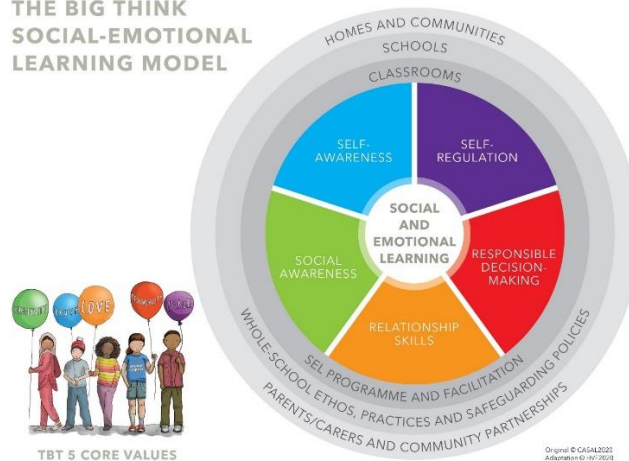
Big Story - KS2: Fruit Salad - a play script by Maeve Clarke
KS1: Lara And The Yellow Ladybird - a picture book

Values Dialogue - KS2: How do you celebrate Diversity?
KS1: How do you celebrate the differences between you and your friends?

Download these resources at the foot of our Home page.

Free Assembly & Lesson kits COMMUNITY – Celebrating Difference

**THE BIG THINK
SOCIAL-EMOTIONAL
LEARNING MODEL**



The Big Think meets statutory RSHE requirements and builds Social and Emotional Learning competencies

RSHE Statutory Requirements met in this lesson:

<p>RELATIONSHIPS EDUCATION</p> <p>Topic 1: Families and people who care for me</p>	<ul style="list-style-type: none"> that others’ families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children’s families are also characterised by love and care
<p>RELATIONSHIPS EDUCATION</p> <p>Topic 2: Caring friendships</p>	<ul style="list-style-type: none"> that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded
<p>RELATIONSHIPS EDUCATION</p> <p>Topic 3: Respectful relationships</p>	<ul style="list-style-type: none"> practical steps they can take in a range of different contexts to improve or support respectful relationships the importance of self-respect and how this links to their own happiness what a stereotype is, and how stereotypes can be unfair, negative or destructive
<p>PHYSICAL HEALTH & MENTAL WELLBEING</p> <p>Topic 1: Mental wellbeing</p>	<ul style="list-style-type: none"> how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others’ feelings isolation and loneliness can affect children and that it is very important for them to discuss their feelings with an adult and seek support

SEL competencies met in this lesson: **Social Awareness skills**

SEL Social Awareness competencies	C3
Recognising strengths in others	✓
Demonstrating empathy and compassion	✓
Showing concern for the feelings of others	✓
Understanding and expressing gratitude	
Identifying diverse social norms, including unjust ones	✓
Recognising situational demands and opportunities	



Are you a PSHE Lead?

Join us at our next scheduled free workshop **Values, SEL Skills and Relationships** on **Thursday 22nd September 4pm-5pm** to get a taste of our approach and share experiences with like-minded educators.

[Sign up for the next Teacher workshop](#)

[Contact us to find out more](#)



September 2022

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