



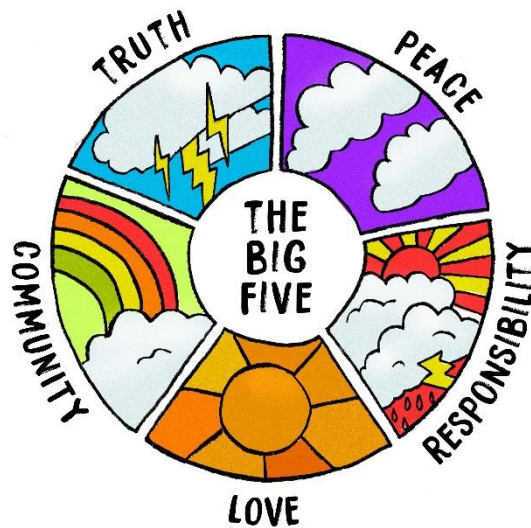
# The Big Think

The Big Newsletter Volume 24

## Launch of **FREE** resources

### **THE BIG FIVE** project: **Inside Weather and School Climate**

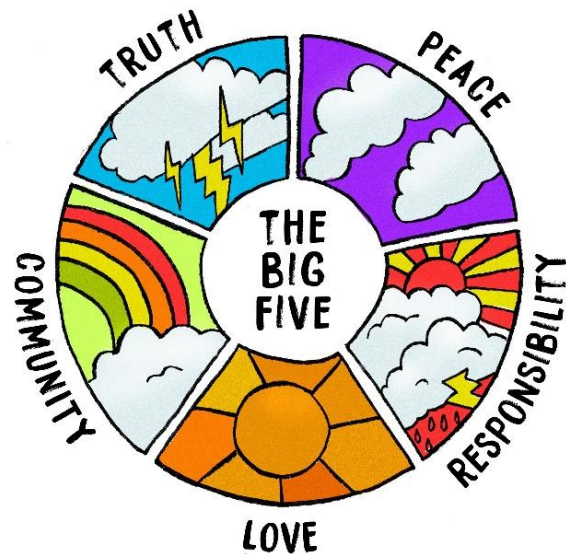
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*I create the weather patterns,  
together we change the climate.*

From the creators of **The Big Think PSHE** programme, **THE BIG 5** Project is a Social and Emotional Learning (SEL) project for Primary schools that will unite your entire school community in accepting a shared responsibility for establishing a safe, caring and enabling learning atmosphere for everyone.

The project is centred around 5 Assembly and Lesson kits for ages 5-11 (TRUTH, PEACE, LOVE, RESPONSIBILITY and COMMUNITY) that will begin the journey of understanding ourselves, respecting others and caring about the planet.



### 5 BIG SEL Skills - 5 BIG Values - 5 Weeks

*"I've come to a frightening conclusion that I am the decisive element in the classroom. It's my personal approach that creates the climate. It's my daily mood that makes the weather."*

Dr. Haim G. Ginott, Teacher

**Weather** is changeable, just like our **emotions** and **feelings**.

**THE BIG 5 Social and Emotional Learning skills** enable a positive atmosphere for building healthy relationships and minimising turbulence.

**Climate** is more constant, just like our **values**.

**THE BIG 5 Values** help everyone in your school connect as humans first and are guides for creating a stable environment that maximises learning.

This project has been designed with humans in mind - children, staff and caregivers all need support in understanding their own inside weather and developing the SEL skills to work together to improve the school learning atmosphere.

**Together we can create a mentally healthy school climate.**



KS2 LESSON PLAN Session 1

**TRUTH**  
Trust



KS2 LESSON PLAN Session 2

**PEACE**  
Understanding Self



KS2 LESSON PLAN Session 3

**LOVE**  
Sharing



KS2 LESSON PLAN Session 4

**RESPONSIBILITY**  
Respect for others



KS2 LESSON PLAN Session 5

**COMMUNITY**  
Conservation: Clean air

## 5 BIG FREE Online Session kits to use over 5 BIG Weeks

This fun, collaborative, whole-school climate change project consists of 5 easy-to-facilitate Assemblies (for ages 5-7 & ages 7-11) with follow-up Lessons that include:

- **Silent Sitting meditations** by [Calm for Kids](#) mindfulness specialists
- **Real-world stories** edited by The Big Think Lead Author Maisie Chan ([Danny Chung Does Not Do Maths](#) - winner Jhalak Prize 2022, Runner-up Blue Peter Book Awards 2022)
- **Values Inquiry** and **Big Circles**
- **Journaling**
- **Songs** by Big Thinkers Band (from [Pssap](#) - creators of Grey's Anatomy soundtrack!)

*Once you sign up for the resources, remember to bookmark the page so you can access them as many times as you like.*

You may want to use the Silent Sitting Meditations after lunch every day with the whole school community taking part to gain peace and focus for the afternoon session.

The first session **TRUTH: Trust** takes place inside every classroom in the school at the same time. The next 4 sessions are all led by an Assembly with follow-on lessons straight after, back in class.

All sessions are tightly structured using SAFE guidelines and should allow teachers to become facilitators who are able to watch, listen and act rather than just impart knowledge.

**Sign up for THE BIG 5 project FREE resources**



# WORLD VALUES DAY 2022

**Join us to Celebrate World Values Day  
'Values for Community'  
Thursday 20th October 2022**

The theme this year is **Values for Community** and to celebrate we are hosting a free workshop to launch THE BIG 5 Project in a number of primary schools around the UK.

Would your school like to join us? Each school is being asked to bring along a Teacher, a Leader and a Learner to represent your school community! We will show you how you can use your school values to help connect your community and how to build SEL skills to improve communication and foster lasting relationships between everyone.

The event is a great opportunity for you to connect with like-minded schools and will take place online on Thursday 20th October 2022 from 4pm to 5pm (BST).

[Sign up for free THE BIG 5 Project workshop](#)

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[Contact us to find out more](#)



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October 2022

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