

# The Big Think

## The Big Newsletter Volume 5

### #childrensmentalhealthweek

## How do you support the mental health of children in your school?

The Big Think uses a shared language of human values to ensure all children are able to think about, speak about and reflect upon their daily experiences as a human being. Here are our 44 values which are collated under the 5 core values of Truth, Love, Peace, Responsibility and Community.

We ensure careful links are made with your school values to deepen their meaning over time.



44 Assembly & Lesson kits for ages 7-11 (KS2) & 44 for ages 4-7 (KS1)

				
<p style="text-align: center;"><b>TRUTH</b></p> <ol style="list-style-type: none"> <li>1 Honesty</li> <li>2 Curiosity*</li> <li>3 Hope KS1</li> <li>Optimism KS2</li> <li>4 Trust KS1</li> <li>Integrity KS2</li> <li>5 Truthfulness</li> <li>6 Non-Judgement</li> <li>7 Understanding Others KS1*</li> <li>Empathy KS2</li> </ol> <p>* Reception friendly sessions</p>	<p style="text-align: center;"><b>LOVE</b></p> <ol style="list-style-type: none"> <li>1 Sharing</li> <li>2 Consideration*</li> <li>3 Loyalty</li> <li>4 Openness</li> <li>5 Compassion</li> <li>6 Generosity</li> <li>7 Inner Happiness</li> <li>Caring About Nature*</li> </ol>	<p style="text-align: center;"><b>PEACE</b></p> <ol style="list-style-type: none"> <li>1 Patience*</li> <li>2 Perseverance</li> <li>3 Happiness*</li> <li>4 Understanding Self</li> <li>5 Contentment</li> <li>6 Self-Esteem</li> </ol>	<p style="text-align: center;"><b>RESPONSIBILITY</b></p> <ol style="list-style-type: none"> <li>1 Behaviour Choices</li> <li>2 Respect For Things</li> <li>3 Kindness Online</li> <li>4 Respect For Others*</li> <li>5 Helping Others</li> <li>6 Healthy Choices</li> <li>7 Time Well Spent*</li> <li>8 Courage</li> <li>9 Teamwork</li> <li>10 Gratitude</li> <li>11 Helping Yourself KS1</li> <li>Ethics KS2</li> </ol>	<p style="text-align: center;"><b>COMMUNITY</b></p> <ol style="list-style-type: none"> <li>1 Non-Violence</li> <li>2 Kindness To Animals</li> <li>3 Celebrating Difference*</li> <li>4 Inclusion</li> <li>5 Conservation: Clean Air</li> <li>6 Conservation: Saving Water</li> <li>7 Conservation: Saving Clothes KS1</li> <li>Conservation: Responsible Consumption KS2</li> <li>8 Helping Our World KS1</li> <li>Global Connections KS2</li> <li>9 Unity</li> <li>10 Forgiveness*</li> <li>11 Caring Citizens KS1</li> <li>Citizenship KS2</li> </ol>

## Class Values in Action poster

We see the need for daily work towards healthy minds for all of us. Our values in Action posters provide a simple framework of positive actions that remind everyone in the school community how to get back to feeling in control and the prompts enable the children to learn well.



## The Big Voice

Carly McHugh, Inclusion Manager at our pilot school Eastfield Primary says:

*'I believe that The Big Think allows children to express themselves no matter what or who they are. It allows them to explore and understand values and ideas they have no matter what age, ethnicity or ability. This they can access through songs and stories and the programme allows every child to tell their own story of how they fit into the jigsaw puzzle we call life.'*

Here is Carly taking part in a Values Dialogue.



Here is the latest The Big Think display at Eastfield Primary.

Big Thanks to Sophie Wenlock, Wellbeing Lead.





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## #RelationshipsEducation Community Dialogue

How can shared values support Relationships Education?

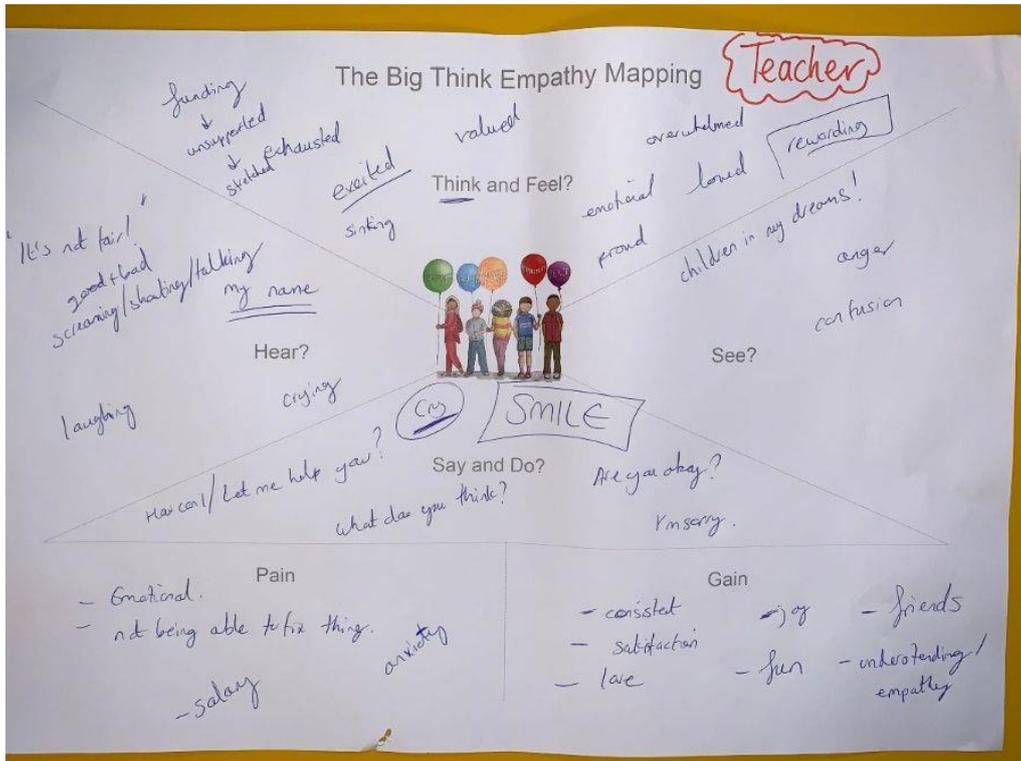
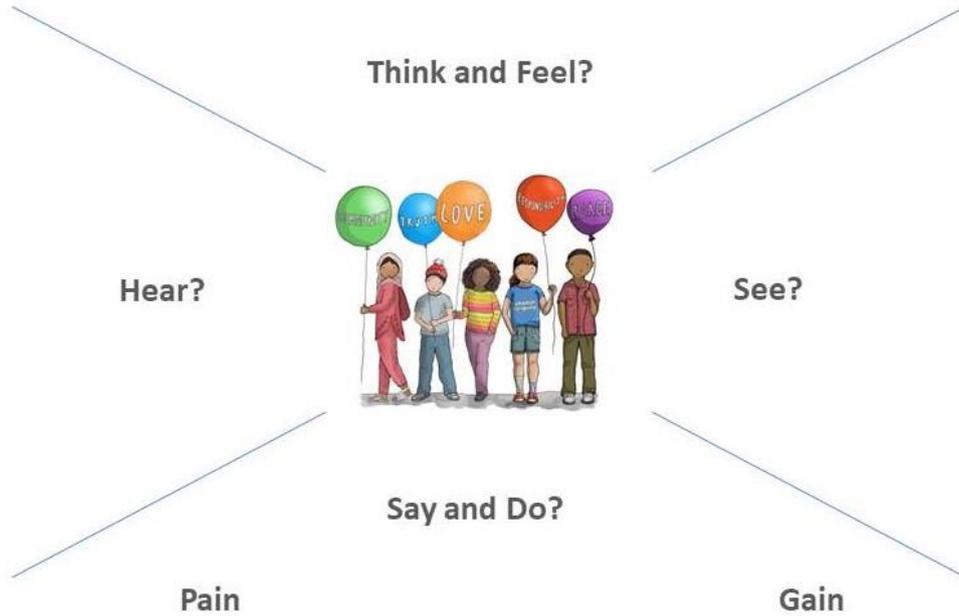


We invited Leaders, Teachers, Parents and Children to our Community Dialogue in January to unpick this Big Question. We used Empathy mapping to walk in each other's shoes and a Values Inquiry to see how values can support relationships across every school.

This process made us really see the truth in this African proverb:

***'It takes a village to raise a child.'***

# The Big Think Empathy Mapping



## Let's reclaim the British Values and make them human again!

Congratulations to one of our schools, Brimsdown Primary, on achieving Outstanding for Personal Development in their recent Ofsted!

Head Teacher Dani Lang reported their surprise that the new framework increased the importance being placed on showing how the British Values are being incorporated into daily school life.

Using our The Big Think Human Values as British Values document, the PSHE Lead was able to show how TBT Assemblies and Lessons promote British Values through our broader human values such as Non-Judgement, Celebrating Difference, Ethics and Non-Violence.

[contact@the-big-think.org](mailto:contact@the-big-think.org) if you need some support with making your British Values Human again.

### Help make British Values Human again



Non-Judgement



Respecting Others



Celebrating Difference



Inclusion



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