



## **HOW “THE BIG THINK” PROVIDES STEPPING STONES FOR FLOURISHING**

**The Big Think (TBT) is an exciting programme with 120 fully-resourced Assembly and follow-up Lesson kits for ages 5 to 11 that provide engaging stepping stones to nurture children’s spiritual, moral, social, cultural, physical, mental and character development. The practical, integrated approach progressively lays foundations of wellbeing for the individuals, their families, schools, communities and society at large so as to empower all participants, enabling them to work together and flourish, maximise their potential and help meet the changing needs of humanity in the 21<sup>st</sup> century.**

### **TBT activities promote all that is positive**

Central to effective education is the mastery of key social and emotional life skills. The exploratory learning opportunities TBT provides in each of its coherently planned lessons empowers children and advances their character development. The safe, supportive classroom sessions allow them to experiment with and then live by well considered values and form healthy relationships. Thus the children delight in constantly learning how to make fulfilling contributions towards:

- ❖ **family life and people who care for them**
- ❖ **caring friendships**
- ❖ **respectful relationships**
- ❖ **online relationships**
- ❖ **being safe**
- ❖ **mental wellbeing**
- ❖ **internet safety and prevention of harm**
- ❖ **physical health and fitness**
- ❖ **healthy eating**
- ❖ **learning and achieving well.**



### **TBT equips schools to prepare young citizens for success**

TBT comprises 60 interactive, multi-media lesson kits for ages 5 to 7 and 60 for ages 7 to 11. Each has a contemporary story that opens the way for leading into some difficult questions and concerns faced by today's children - but at a safe distance. TBT creates a reassuring environment in which children can talk about the characters in the stories and their predicaments. These are then carefully expanded upon during the lesson activities, thereby gradually helping the young citizens to integrate and embrace new concepts and empowering strategies. Thus the practical philosophy equips staff with techniques and practices that allow the children to absorb into their learning, attributes, skills and knowledge that promote their broad development, including their individual interests and talents. Over time, the learners master a set of skills and values that unleash their positive dispositions. The life-enhancing qualities they gain open ways to achieve more and reach their true potential during their school careers, and succeed further as they grow into adulthood.

### **TBT nurtures attractive character traits and life-enriching relational skills**

With its lesson plans for ages 5 to 7 followed by those for ages 7 to 11, TBT provides a well sequenced syllabus that enables schools to achieve an effective curriculum, blending knowledge and personal development. One of the numerous benefits of the programme is that values consciousness becomes increasingly central to the life of the school community. The practical, whole-school, whole-child, caring approach deepens the understanding and application of constructive values to thinking, choices and actions – for all staff and school leaders, the children, and their parents and carers. Thus transformative differences blossom, take shape and permeate the entire school community on account of the uplifting character traits that emerge and the life-enriching relational skills that are acquired with one's inner self, others at home, in school and in wider contexts.

Armed with an ever expanding treasure chest of inspiring values, the wellbeing and resilience of all participants improve and the integrated, experiential learning process raises the prospect of everyone enjoying sustainable living in greater harmony with themselves, others and our precious natural world.