

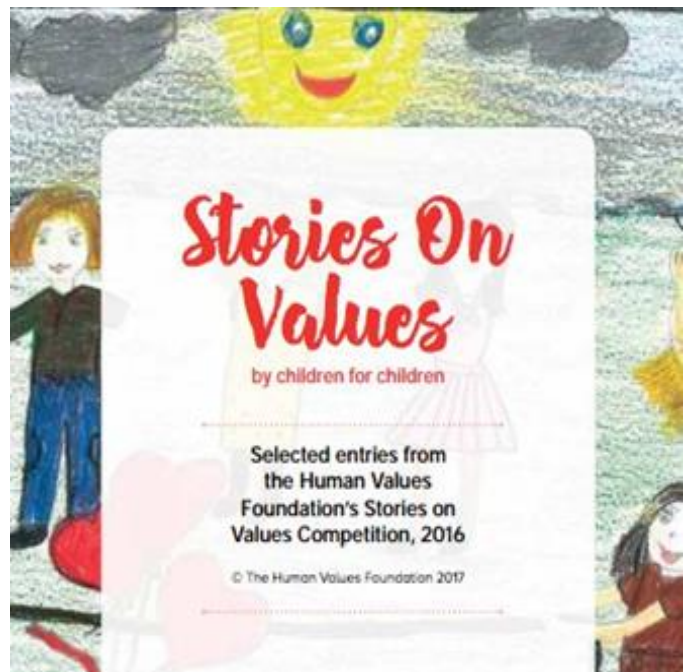


NEWSLETTER 42 - Spring 2017

WORLD VALUES DAY 2016 AND OUR STORIES ON VALUES BY CHILDREN

To mark the very first **World Values Day**, which took place on 20th October 2016, we invited schools and other organisations involved with children aged from 7 to 11 to take part in a story writing competition. We encouraged children to write an original and creative story about their favourite value chosen from the list of 80+ values that children explore as they work through our **EDUCATION IN HUMAN VALUES (EHV)** programme.

There was a huge response. Entries came in from all over the world. As well as many from around the UK, there was a superb diversity of great stories from India, Africa and across the Middle East.



We have gathered together 40 wonderful stories from this competition and many beautiful illustrations and drawings in a book, which can be downloaded from our website: [click here](#). *We are arranging to have the book printed, so if you would like a copy, do get in touch with us. We would be grateful for a voluntary donation of £8 to cover the cost of printing and postage.*

We hope teachers will be inspired to use some of the stories and pictures as additional resources when they prepare lessons using our **EHV** programme.

Human Values Foundation Story Competition 2017

There will be another opportunity for children to write stories about values later this year when we will be holding the competition again to mark this year's World Values Day (19th October 2017).

Do look out for our announcement of the details of this year's competition and all relevant dates and entry details.

VALUES IN ACTION RESULTS IN AN OUTSTANDING SCHOOL

In September 2013, with a burning desire to ensure the very best possible outcomes for all the pupils in her school, the new headteacher, Mrs Li-Juan Ellerton, initiated the embedding of our EDUCATION IN HUMAN VALUES programme into all aspects of the life of Waltham St Lawrence Primary School, situated in a rural part of Berkshire.

Having been rated a 'Good' school in 2012 by Ofsted school inspectors, they were probably anticipating much the same outcome when they planned to visit the school this January. However, they were in for a surprise! The result of the inspection is that this school became the first primary school in the borough of Windsor and Maidenhead to achieve an 'Outstanding' rating since Ofsted changed its inspection framework in September 2015.

In the inspectors' report, it was recognised that:

- *The School's values ensure that the personal development of pupils is threaded through all aspects of school life.*
- *The school's values such as 'love' and 'truth' help pupils to become caring friends.*
- *Pupils' spiritual, moral, social and cultural development is a strength of the school.*
- *Pupils are very well prepared for life in modern Britain.*

Mrs Ellerton wrote to tell us that the learning experiences are having great impacts on the children and she is enormously grateful to the Human Values Foundation for all our support and all the values-themed resources we were able to give the school, thanks to an anonymous local sponsor who gave us a donation with a view to us helping to promote excellence in the primary schools in this borough.

Our congratulations to Mrs Ellerton and all the teachers, children, parents, governors and other members of the school community. *Do spend a few minutes looking at this [video](#) that shows how our Education in Human Values programme is a contributory factor in the school's progress and tremendous inspection outcome.*

Mrs Ellerton says, "The school ethos is underpinned by core values. It's all about developing the whole child."

The success of this enlightened approach to nurturing all the children is very clear. When asked why values are important, a pupil simply answers, "To help me with the rest of my life!"

It's no surprise that the teachers are fully behind the programme. One of them says, "Values are at the core of everything." Parents are very supportive too and have been thoughtfully involved in the collaborative, whole-school approach that we recommend. They appreciate the warmth and tolerance of the children and feel that the positive, supportive environment of the school is very much due to the emphasis on values. "We really see values in action!"

PROGRESS SINCE OUR AUTUMN NEWSLETTER

Between the end of October 2016 and the end of March 2017, 15 schools have taken a copy of EHV or SEE. This translates into over 3,500 more children now having the opportunity to benefit from enjoyable lessons that will develop their 'values literacy' and self-efficacy. With so many teachers also reporting concerns about their health and wellbeing, the staff in these schools are also likely to find that Values Education revitalises their love of teaching and positively impacts their own lives and the quality and effectiveness of their work.

Promoting Values Education in India – Rashmi Sudharsan

We are excited about the inspiring groundwork being done by Early Years Foundation Stage teacher, Rashmi Sudharsan, in Bangalore in preparation for the promotion of our EHV and SEE programmes across India and the provision of practical support and values education training for teachers. Having recently returned from Dubai, where she saw first-hand, all the life-enhancing effects on her own young children as they experienced values education, she is passionate about helping to ensure it is an integral part of the school curriculum for young citizens in India. We look forward to what Rashmi achieves, together with Bhooma Krishnan, who is also an educationist with a rich background of working with children, helping them to develop fully, with positive character traits.

Promoting Values Education in Ghana – Priscilla Akoto-Bamfo

Recognising the importance and empowering effects of values education on children and how it can also improve parenting and the quality of life generally, Priscilla Akoto-Bamfo, the Co-founder of [Little Beginnings Trust Foundation](#) (LBTF) in Ghana, is keen to extend the work she has been doing to impart key values and morals into children from a young age through various reading and story-telling initiatives. We are assisting Priscilla as she develops her exciting ideas and begins to tailor a values education training programme that is suitable not only for local teachers but other adults too.

HOW VALUES LITERACY EMPOWERS YOUNG PEOPLE

It is well recognised that the early development of social and emotional skills is important for the health and wellbeing of children and their happiness and success in later life. The intense focus on academic attainment above all other goals, the fact that 1 in 10 children and young people in the UK have mental health problems such as depression and anxiety, and the growing numbers of young people who are in poor physical health, are all factors that are fuelling a movement towards a more holistic approach to education that nurtures the whole person and includes the development of social, emotional and other skills essential for leading a fulfilling, purposeful, happy life.

Since values are the principles, standards and beliefs that influence people's attitudes, decision-making and behaviour, we have always recommended that schools develop a values-conscious culture through staff development and regular, structured, formal values education instruction for all year groups as an integral part of the curriculum. This is reinforced by encouraging the practical application of values beyond the classroom into the home and other environments.

As young people become familiar with how identifying values helps to highlight what is important for them and others, they can use them to shape the ways in which they make choices, manage their feelings, and relate to others. This understanding allows them to set better goals for their lives and achieve those goals by living each day in alignment with values that make them feel good and enable them to flourish and fulfil their true potential.

This is the thinking behind our two highly effective learning programmes structured around the familiar and effective teaching techniques of classroom discussion, story-telling, quotations, singing, activities and silent sitting:

- **Education in Human Values (EHV)** – comprising 44 lesson plans for ages 4 to 12)
- **Social and Emotional Education (SEE)** – comprising 34 modules for ages 12 to 14+).

MEET THE HVF TEAM – NEWLY APPOINTED TRUSTEE, ERICA TERBLANCHE

Having served on the Board since March 2002 and wishing to focus on her health, wellbeing and other interests, last autumn **Lois Marshall** advised us that she would like to resign but very kindly gave us time to find a replacement. At the Trustees’ meeting in March, we recognised what a privilege it had been to have Lois on the team. We are enormously grateful for her contributions to what we have been able to achieve during the past 15 years. We will miss her but know that she will keep in touch and always be interested in our endeavours.

We are very pleased to welcome onto the Board **Erica Terblanche**, who is Head of Responsible Business Strategic Transformation at Old Mutual Group. Erica has been closely involved in embedding the practice of values throughout the group and this has had a transformational effect on its operations around the world. During the past five years Erica has applied her background in big systems change towards the environmental and societal challenges to be faced in the next 15 years, as outlined in the United Nations’ **2016 Sustainable Development Goals**.



Erica Terblanche

Away from the corporate world, Erica is an accomplished sports person and pours her love for nature, outdoor adventure and bringing the best out in people into her company **Teach a Girl to Fish**, the purpose of which is to take women on hiking, biking and kayaking trips in the UK, Greece and South Africa so as to reconnect with nature and build personal confidence.

We wish Erica a long and happy association with the Human Values Foundation.

WINKIE HARRISON

Winkie took over as our Honorary Treasurer in May 2001 and has looked after the HVF’s accounts meticulously for the past 17 years, for which we are greatly indebted. However, all good things come to an end so after completing the figures up to 31 March 2017, sometime in April we will be saying a final farewell to Winkie with our heartfelt thanks not only for her diligent work for so many years but

also for all the delicious contributions she brought along for the quarterly Trustees' meetings and for hosting some of these meetings in her home, in her inimitable, lovely way.

We need a new Honorary Treasurer as we say farewell to Winkie. *Can you help us please?*

Do you know of anyone who would like to be part of the remarkable HVF team as our **Honorary Treasurer**? The person can work from home at convenient times, using our online QuickBooks accounting system. Do get in touch with suggestions!

DONATIONS

Without question, the existence of the Foundation stems from the generosity of individuals, who recognise the critical part that we are endeavouring to play for the wellbeing of society, primarily here in the UK but also overseas. Through this kindness, we can sell our values education materials at prices that schools can afford.

We would like to express our thanks to all our loyal Members and Friends who so kindly pay an annual subscription; the extra that some of you add is very much appreciated. As ever, we have also received some heart-warming donations from private individuals, with some gifts arising as a result of their efforts in telling organisations, with which they are connected, about our work. The committees of these bodies, including a Cooking Club near Reading, have then awarded us some of their precious funds. We are most grateful for the cheques sent to us from the trustees of the Charlotte Marshall Charitable Trust, a member of a family charitable trust and the trustees of The Allen Charitable Trust.

A number of our kind donors wish to remain anonymous but others, since our last newsletter, include Brenda and Norman Clark, Jacqueline Clark, John Cox, Rita Jefferies, Iain Lee, Tim Lipscomb, Adrian Price, Mike Roberts, Nigel Shamash, Geoff and Ann Steinberg, and Polly Stone. We appreciate enormously the funds we receive. Each donor can be sure that he or she is making a vital contribution to the promotion and teaching of human values in schools, so helping to bring about a better and happier society.

Our project to refresh Education in Human Values

Inevitably from time to time products need a major revamp and we are now embarking on refreshing and updating our Education in Human Values programme so that it remains highly relevant to children's rounded development and meets the requirements of a modern curriculum, while remaining true to the original vision and methodology.

The total cost is expected to run into many thousands of pounds and so we would very much appreciate donations to support this project which will enable young people to build meaningful relationships with others, learn to manage their own emotions effectively, help them to learn better and achieve more, avoid behavioural problems and develop essential personal qualities such as resilience.

What better way can there be towards building a happier and healthier society?

AND FINALLY ...

THANK YOU ALL once again for your exceptional contributions, encouragement, voluntary work and practical support. Through the dedicated endeavours of teachers and others using our programmes, thousands of young lives are being transformed and enriched. Your kindness is helping to meet the needs of schoolchildren so that they feel happier about themselves, empowered with an understanding of values that really does make a difference to their lives, aspirations and wellbeing and the lives of those around them.

If you have any comments, suggestions or ideas about gaining sponsorship for our various projects or would like a supply of some of our short brochures about the EHV and SEE programmes (paper or pdf) for your friends, family members and others, please contact Rosemary Dewan at:

Human Values Foundation, The Coach House, Salisbury Road, Horsham, West Sussex RH13 0AJ.

Alternatively please do ring 01403 259711 or e-mail: yes2values@hvf.org.uk.

The website is: www.humanvaluesfoundation.com

The Human Values Foundation team wishes all our readers a happy and peaceful summer.

Click on the V below for a collection of values-themed articles from the Human Values Foundation.

Patrons: Michael Morpurgo, OBE, FKC, AKC; Prof Kamran Mofid, PhD; Dr Kevin Auton, PhD

Education Advisor: Sir Anthony Seldon, MA, PhD, FRSA, MBA, FRHisS

